

## Literatura

Toto je kompletní seznam literatury použité v knize Všímavost a Já: Od sebeléčení k sebepřesahování (Portál, 2024):

Aafjes-van Doorn, K., Kamsteeg, C., & Silberschatz, G. (2020). Cognitive mediators of the relationship between adverse childhood experiences and adult psychopathology: A systematic review. *Development and Psychopathology*, 32(3), 1017-1029. <https://doi.org/10.1017/S0954579419001317>

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